#### **MULTITOOL**

Check the multitool 'bits' fit your bike - the type of end but also the length (especially for derailleurs). This video looks at tools and repairs on the go.

Repairs & Tools



### **PUNCTURE KIT**

Puncture Kits are cheap and easy to use. Leave the tube in place while you locate the cause of the puncture on the tyre. This video shows you how.

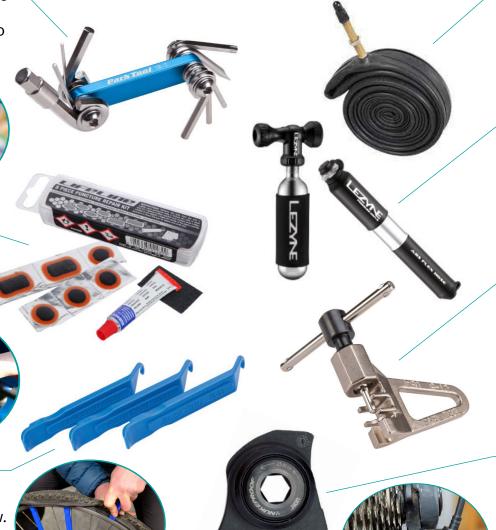
<u>Puncture Repair</u>



Use 3 tyre levers to protect the tyre and the rim when you're removing the tyre. Watch my videos to see how.

Easy Bicycle Tyre Removal Tips

# BASIC BIKE TOOL KIT



### **INNER TUBE**

Look at the codes on the side of your tyre to get the right size inner tube. Check whether you have a Presta or Schrader valve.

How to Fix Punctures

## **PUMP OR CO2**

Check the pump head fits the valves you have (Schrader or Presta). If you run tubeless tyres CO2 can make it super easy to re-inflate the tyre but cannisters are single use, so carry a pump as well on longer rides.

#### **CHAIN TOOLS**

Use the chain tool to remove the damaged link and repair with a quicklink. Match the quicklink to the 'speed' of your chain (count the number of cogs on the cassette to establish 'speed').

**Chains** 

## **DERAILLEUR HANGER**

If you're riding long distances it's worth carrying a spare hanger. They are specific to make and model of bike so not always readily available. Check out this video on how to adjust your limit screws if you bend your hanger.

**Adjusting Limit Screws** 

